

QUEEN'S PARK HIGH SCHOOL  
Full Dinner Menu - Autumn Term 2022

	Monday	Tuesday	Wednesday	Thursday	Friday
<b><u>Week One</u></b>	Chilli Con Carne served with seasonal veg and garlic bread	Beef or vegetable lasagne served with seasonal vegetables and garlic bread	Roast gammon or Vegan sausage dinner served with roast potatoes, seasonal veg, stuffing, yorkshire pudding and gravy	Chicken or vegetable enchalada served with corn on the cob	Fish and chips Meat free Pizza slice and chips
	Jacket Potato with cheese and bakes beans Served with garden salad	Jacket potato with tuna Served with coleslaw	Jacket Potato with Chicken bacon and sweetcorn Served with garden salad	Jacket potato with cheese Served with coleslaw	Jacket potato with tuna Served with garden salad
	<b>Hot Pasta Sauce</b> Pasta pot served with Marscapone	<b>Hot Pasta Sauce</b> Pasta pot served with Tomato and basil	<b>Hot pasta Sauce</b> Pasta pot served with Marscapone	<b>Hot pasta sauce</b> Pasta pot served with Aribiatta sauce	<b>Hot pasta sauce</b> Pasta pot served with Marscapone
	<b>Salads</b> Chicken tikka garden salad Chicken, bacon and sweetcorn pasta salad	<b>Salads</b> Ham garden salad	<b>Salads</b> Tuna garden salad	<b>Salads</b> Chicken tikka garden salad Chicken, bacon and sweetcorn pasta salad	<b>Salads</b> Cheese garden salad
	<b>Fruit</b> Grape Pot	<b>Fruit</b> Watermelon Pot	<b>Fruit</b> Apple and grape bag	<b>Fruit</b> Sliced orange Pot	<b>Fruit</b> Grape Pot
	<b>Assorted Sandwiches</b> including vegan, gluten free and vegetarian	<b>Assorted Sandwiches</b> including vegan, gluten free and vegetarian	<b>Assorted Sandwiches</b> including vegan, gluten free and vegetarian	<b>Assorted Sandwiches</b> including vegan, gluten free and vegetarian	<b>Assorted Sandwiches</b> including vegan, gluten free and vegetarian
	<b>Sweet Choice</b> Ginger biscuit or yoghurt	<b>Sweet choice</b> Krackolette or yoghurt	<b>Sweet Choice</b> Chocolate biscuit or yoghurt	<b>Sweet choice</b> Flapjack or yoghurt	<b>Sweet choice</b> Melting Moment or yoghurt
	<b>Grab and Go</b> Assorted panini Chicken burger	<b>Grab and go</b> Assorted panini Pizza	<b>Grab and Go</b> Assorted panini Cheese and tomato quesadilla	<b>Grab and Go</b> Assorted panini Beef buger in a bun	<b>Grab and go</b> Assorted panini Selection of toasties

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Week Two

Monday	Tuesday	Wednesday	Thursday	Friday
BBQ chicken noodles served with seasonal veg	Sausage and mash served with vegetables and gravy	Roast chicken dinner or Vegan sausage dinner served with roast potatoes, seasonal veg, stuffing, yorkshire pudding and gravy	Spaghetti bolonaise served with garlic bread and garden salad	Fish finger and chips Meat free pizza slice and chips
Jacket Potato with cheese and bakes beans Served with garden salad	Jacket potato with tuna Served with coleslaw	Jacket Potato with Chicken bacon and sweetcorn Served with garden salad	Jacket potato with cheese Served with coleslaw	Jacket potato with tuna Served with garden salad
<b>Hot Pasta Sauce</b> Pasta pot served with Marscapone	<b>Hot Pasta Sauce</b> Pasta pot served with Tomato and basil	<b>Hot pasta Sauce</b> Pasta pot served with Marscapone	<b>Hot pasta sauce</b> Pasta pot served with Aribiatta sauce	<b>Hot pasta sauce</b> Pasta pot served with Marscapone
Salads Chicken tikka garden salad Chicken, bacon and sweetcorn pasta salad	<b>Salads</b> Ham garden salad	Salads Tuna garden salad	Salads Chicken tikka garden salad Chicken, bacon and sweetcorn pasta salad	<b>Salads</b> Cheese garden salad
<b>Fruit</b> Grape Pot	<b>Fruit</b> Watermelon Pot	<b>Fruit</b> Apple and grape bag	<b>Fruit</b> Sliced orange Pot	<b>Fruit</b> Grape Pot
Assorted Sandwiches including vegan, gluten free and vegetarian	Assorted Sandwiches including vegan, gluten free and vegetarian	Assorted Sandwiches including vegan, gluten free and vegetarian	Assorted Sandwiches including vegan, gluten free and vegetarian	Assorted Sandwiches including vegan, gluten free and vegetarian
Ginger biscuit or yoghurt	Krackolette or yoghurt	Chocolate biscuit or yoghurt	Flapjack or yoghurt	Melting Moment or yoghurt
Grab and Go Assorted panini Chicken burger	Grab and go Assorted panini Pizza	Grab and Go Assorted panini Cheese and tomato quesadilla	Grab and Go Assorted panini Beef buger in a bun	Grab and go Assorted panini Selection of toasties

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Week Three

Monday	Tuesday	Wednesday	Thursday	Friday
Chicken Curry served with seasonal veg and 1/2 naan bread	Chicken Wraps searved with garden salad and potatoes	Roast beef dinner or Vegan sausage dinner served with roast potatoes, seasonal veg, stuffing, yorkshire pudding and gravy	Lasagne served with seasonal vegetables and garlic bread	Fish and chips Meat free Pizza slice and chips
Jacket Potato with cheese and bakes beans Served with garden salad	Jacket potato with tuna Served with coleslaw	Jacket Potato with Chicken bacon and sweetcorn Served with garden salad	Jacket potato with cheese Served with coleslaw	Jacket potato with tuna Served with garden salad
<b>Hot Pasta Sauce</b> Pasta pot served with Marscapone	<b>Hot Pasta Sauce</b> Pasta pot served with Tomato and basil	<b>Hot pasta Sauce</b> Pasta pot served with Marscapone	<b>Hot pasta sauce</b> Pasta pot served with Aribiatta sauce	<b>Hot pasta sauce</b> Pasta pot served with Marscapone
Salads Chicken tikka garden salad Chicken, bacon and sweetcorn pasta salad	<b>Salads</b> Ham garden salad	Salads Tuna garden salad	Salads Chicken tikka garden salad Chicken, bacon and sweetcorn pasta salad	<b>Salads</b> Cheese garden salad
<b>Fruit</b> Grape Pot	<b>Fruit</b> Watermelon Pot	<b>Fruit</b> Apple and grape bag	<b>Fruit</b> Sliced orange Pot	<b>Fruit</b> Grape Pot
Assorted Sandwiches including vegan, gluten free and vegeterian	Assorted Sandwiches including vegan, gluten free and vegeterian	Assorted Sandwiches including vegan, gluten free and vegeterian	Assorted Sandwiches including vegan, gluten free and vegeterian	Assorted Sandwiches including vegan, gluten free and vegeterian
<b>Sweet Choice</b> Ginger biscuit or yoghurt	<b>Sweet Choice</b> Krackolette or yoghurt	<b>Sweet Choice</b> Chocolate biscuit or yoghurt	<b>Sweet Choice</b> Flapjack or yoghurt	<b>Sweet Choice</b> Melting Moment or yoghurt
Grab and Go Assorted panini Chicken burger	Grab and go Assorted panini Pizza	Grab and Go Assorted panini Cheese and tomato quesadilla	Grab and Go Assorted panini Beef buger in a bun	Grab and go Assorted panini Selection of toasties

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Morning Break

Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>Hot Food</b> Bacon Muffin Mini Cheese Pizza Mini ham pizza pan aux raisin toast bagel crumpet teacake</p> <p>Assorted sandwich, fruit pots and yoghurt</p>	<p><b>Hot Food</b> Sausage Muffin mini cheese pizza mini ham pizza croissant american pancake toast 1/2 bagel crumpet hash brown</p> <p>Assorted sandwich, fruit pots and yoghurt</p>	<p><b>Hot Food</b> Bacon Muffin Mini Cheese Pizza Mini ham pizza pan aux raisin toast bagel crumpet teacake</p> <p>Assorted sandwich, fruit pots and yoghurt</p>	<p><b>Hot Food</b> Sausage Muffin mini cheese pizza mini ham pizza croissant american pancake toast 1/2 bagel crumpet hash brown</p> <p>Assorted sandwich, fruit pots and yoghurt</p>	<p><b>Hot Food</b> Bacon Muffin Mini Cheese Pizza Mini ham pizza pan aux raisin toast bagel crumpet teacake</p> <p>Assorted sandwich, fruit pots and yoghurt</p>