



World Views and Personal Development Curriculum Overview 2022-2023

	Autumn 1 Independence and aspirations	Autumn 2 Autonomy and advocacy	Spring 1 Choices and influences	Spring 2 Independence and aspirations	Summer 1 Autonomy and advocacy	Summer 2 Choices and influences
Year 7	Developing goal setting, organisation skills and self-awareness: <ul style="list-style-type: none"> Personal identity and values Learning skills and teamwork Respect in school 	Developing empathy, compassion and communication: <ul style="list-style-type: none"> Making and maintaining friendships including friendship challenges Identifying and challenging bullying Communicating online 	Developing agency, strategies to manage influence and decision making: <ul style="list-style-type: none"> Regulating emotions Diet and exercise Hygiene and dental health Sleep 	Developing self-confidence and self-worth: <ul style="list-style-type: none"> Puberty and managing change Body satisfaction and self-concept 	Developing assertive communication, risk management and support-seeking skills: <ul style="list-style-type: none"> Rights in the community Relationship boundaries Unwanted contact FGM and forced marriage 	Developing agency and decision making skills: <ul style="list-style-type: none"> Drugs, alcohol and tobacco Safety and first aid
Year 7	Christianity, Ethics and Philosophy Baseline Assessment & ALA 1 – Philosophy & Ethics		Atheism and Humanism ALA 2 – Atheism & Humanism	Judaism Beliefs and Practices ALA 3 – Judaism		
Year 8	Developing risk management skills, analytical skills and strategies to identify bias: <ul style="list-style-type: none"> Managing online presence Digital and media literacy including online relationships 	Developing respect for beliefs, values and opinions and advocacy skills: <ul style="list-style-type: none"> Stereotypes, prejudice and discrimination Promoting diversity and equality Understanding British Values and Protected Characteristics (Equality Act 2010) 	Developing agency and strategies to manage influence and access support: <ul style="list-style-type: none"> Drugs, alcohol, tobacco, vaping Introduction to contraception Resisting peer influence Online choices and influences 	Developing goal setting, motivation and self-awareness: <ul style="list-style-type: none"> Aspirations for the future Career choices Identity and the world of work Developing analytical skills and strategies to identify bias and manage influence: <ul style="list-style-type: none"> Financial decisions Saving and borrowing Gambling, financial choices and debt 	Developing communication and negotiation skills, clarifying values and strategies to manage influence: <ul style="list-style-type: none"> Healthy relationships Boundaries and consent LGBT+ inclusivity 'Sexting' Managing conflict 	Developing agency and strategies to manage influence and access support: <ul style="list-style-type: none"> Maintaining positive mental Health managing mental health concerns Importance of physical activity
Year 8	Christianity and the life of Jesus ALA 1 – Jesus ALA 2 - Narnia Assessment		Hinduism Beliefs and Practices ALA 3 – Hinduism		Islamic Beliefs and Practices ALA 4 – Islam	
Year 9	Beliefs and Practices in Buddhism. ALA 1 - Buddhism	Developing empathy, compassion and strategies to access support: <ul style="list-style-type: none"> Mental health (including self-harm and eating disorders) Change, loss and bereavement Healthy coping strategies 	Beliefs and Practices in Sikhism. ALA 2 – Sikhism		Developing assertive communication, clarifying values and strategies to manage influence: <ul style="list-style-type: none"> Healthy / unhealthy relationships Consent Relationships and sex in the media 	Developing decision making, risk management and support-seeking skills: <ul style="list-style-type: none"> Sexually transmitted infections (STIs) Contraception Cancer awareness